



Sabaragamuwa provincial Department of Education – Sati pasala

Health and Physical Education

8 week

Grade - 6

Mawanella Zone

Prepared by- subashani shiromala

10. let us be aware and face challenges.

❖ Answer all the questions.

1. Write three things that can be done to prevent road accidents.
2. Write three awareness messages for students to minimize accidents at school.
3. Write four natural disasters’.
4. Mention four life skills that we need for develop in order to overcome challenges.
5. Write down four things we need to do to minimize accidents at home.

❖ Fill in the blanks.

(creative thinking, expectations, Abuse, mental stress, infection)

6. The different expectations we have can be called
7. helps to overcome expectations.
8. In order to successfully face the challenges, infection must be minimized.
9. Harassment by one person to another is called.....
10. disrupts education