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In grade 7 we have studied the way which health can be promoted in the family - the place where we spend lot of time at the day.

> It is the school where we spend more time after the school.

Questions.

- (1) What is a health promoting school?
- (2) How can you contribute for school health promotion?
- We are currently living in a period where we all should follow good health habits. Therefore write several health policies that you can implement at your schools.