

GRADE 10

UNIT-14 SPORTS

COMPETENCY LEVEL: 6.1 CONSTRUCTS SIMPLE SENTENCES

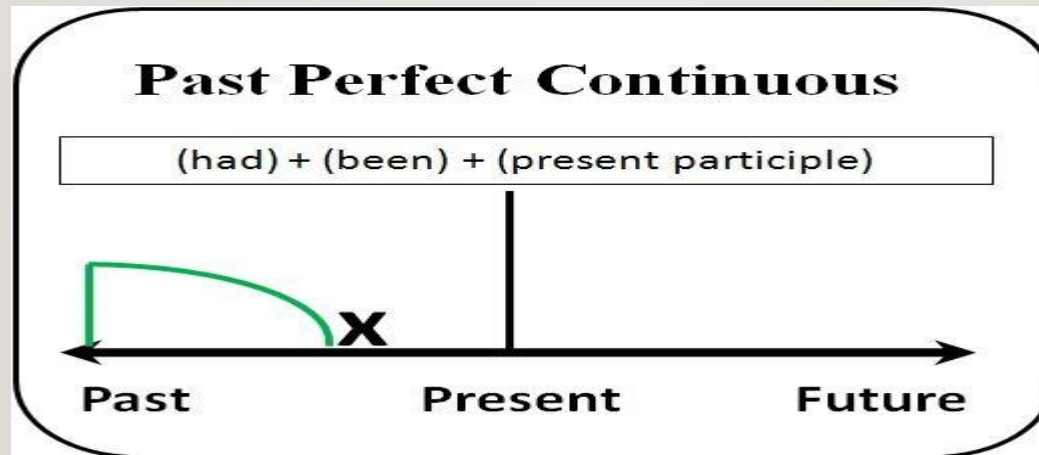
PAST PERFECT CONTINUOUS TENSE

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PAST PERFECT CONTINUOUS TENSE

The past perfect continuous tense (also known as the past perfect progressive) shows that something (an action) started in the past and continued up until another time in the past.



PAST PERFECT CONTINUOUS

THE ACTION CONTINUED FOR A SPECIFIC AMOUNT OF TIME BEFORE ANOTHER TIME IN THE PAST.



EXAMPLES

MICHAEL HAD BEEN JOGGING FOR AN HOUR WHEN WE ATE.

LET'S WRITE SENTENCES USING PAST PERFECT CONTINUOUS TENSE...

I had been learning Past Perfect Continuous Tense for more than twenty minutes



AFFIRMATIVE FORM (+)

Subject + had been + present participle (v+ing) + time duration

Examples :

- ❖ It *had been snowing* heavily since we left home.
- ❖ She *had been working* at that company for three years.
- ❖ Meena *had been playing* chess since 7 o' clock.
- ❖ Mr. Perera *had been living* in Kandy for five years.
- ❖ They *had been talking* for over an hour before he arrived.

Past Perfect Continuous Tense



The boys **had been playing** soccer for about an hour when it started to rain.

NEGATIVE FORM (-)

Subject + had not been + present participle (v+ing)

Examples :

-
- Kasun *had not been waiting* for Amila.
 - They *hadn't been paying* attention.
 - He *hadn't been listening* to the news.
 - I had *not been travelling* all night.
 - Anna *hadn't been dancing* since morning.

INTERROGATIVE FORM (?)

Had + subject + been + present participle (v+ing) ?

Examples :

- Had he been working all day?
- Had the girls been making a lot of noise?
- Had your parents been living there for quite some time?
- Had Gayathri been listening to music until then?
- Had it been raining heavily since morning?

NEGATIVE INTERROGATIVE FORM (-?)

Had not + subject + been + present participle (v+ing)?

Examples :

- **Had not** the woman **been cleaning** the house for four hours?
- **Had not** they **been talking** about the pandemic?
- **Hadn't** I **been wiping** the floor for over an hour?
- **Hadn't** Taniya **been trying** her new dress when her husband came?
- **Hadn't** you **been drinking** anything before you left?

PAST PERFECT CONTINUOUS TENSE

+

S + had + been + V-ing

They had been playing tennis.

-

S + had not/ hadn't + been + V-ing

They hadn't been playing tennis.

?

Had + S + been + V-ing ?

Had they been playing tennis?

Usage

To describe a past action, already started and continued up to another action or time in the past

To express the duration before something in the past

To describe the cause of something in the past


Example

The boys had been playing soccer for about an hour when it started to rain.

Richard needed a holiday because he had been working hard for six months.

He was tired because he had been jogging.


LET'S PRACTICE THE PAST PERFECT CONTINUOUS TENSE



Choose the right past perfect continuous tense.

Jack was tired because he ____ (jog).

- A. have been jog
- B. was jogging
- C. had been jogging



The image is a rectangular box with an orange background. On the left side, there is a cartoon illustration of a boy with brown hair, wearing a white tank top with the number '51' on the back and blue shorts. He is in a starting crouch, with his hands on the ground and his body low to the ground. On the right side, there is text in a green, sans-serif font. The text reads: 'Choose the right past perfect continuous tense.' followed by 'Jack was tired because he ____ (jog).' and then three multiple-choice options: 'A. have been jog', 'B. was jogging', and 'C. had been jogging'. At the bottom right of the box, there is a logo for 'Speak Hut' which features a green mountain range icon above the text 'Speak Hut' in a green, stylized font.

EXERCISES I

- Complete the sentences using the past perfect continuous form
-

.

eg: They had been living in this house for five years. (live)

- I this novel since Saturday. (read)
- She to learn French for two months. (try)
- They at coffee shop for their friends. (wait)
- Nirmal at home for two months. (stay)
- Children chess since evening. (play)

Complete the sentences using the past perfect continuous form

- It had not since midnight. (rain)
- He hadn't from fever for many days. (suffer)
- Had he for one hour? (jog)
- Hadn't you coffee for five years? (drink)
- Rita grammar since 2005. (teach)
- Hadn't the girl? (sleep)
- Had the writer a novel for three months? (write)

EXERCISE2

- A plane landed at the airport. What had these passengers been doing before it landed? Write sentences.

Mr. Clark – read his news paper

Mrs. Clark - look out of the window

Julie – play with her teddy bear

Peter – learn how to use his new phone

Mr. Gregson – sleep

Mrs. Gregson –take photos

Melanie – draw pictures

Fiona and Eve – talk to each other

Ben – listen to Fiona and Eve



- Eg: Mr. Clark had been reading a news paper
-

1. Mrs. Clark -.....
2. Julie -.....
3. Peter -
4. Mr. Gregson -
5. Mrs. Gregson -.....
6. Melanie -
7. Fiona and Eve -
8. Ben -

Exercise 3

Fill in the blanks of the following story using the past perfect continuous tense.

Donald and Elizabeth (drive) to church before they stopped. They (drive) down a dirty road when they heard a strange noise. Donald stopped the car. He got out of the car. Then, he helped Elizabeth out of the car. Elizabeth sat and waited for Donald.

Donald looked at the car. He knew how to fix cars. He (work) as a mechanic for five years before he moved to the country. Donald got his tools. He looked under the hood. It seemed that the engine (heat) up. He crawled under the car.

Donald (work) on the car for a while when Jake parked beside him. Jake (drive) home when he saw Donald and Elizabeth on the other side of the road. Jake helped Donald fix the car. Donald thanked Jake for his help. Elizabeth waved to Jake as they drove away. Thanks to Jake's help, they arrived at church on time.



EXERCISE 4

- The following sentences/questions are not in correct order. Rearrange them and make a meaningful sentence.
-

- 1. had / been/they/to/music/listening?

.....?

- 2. not/ had/ spending /a/ lot of money/sister/my

-

- 3. eating/ he/ been/ friends/ with/ had /his

-

- 4. Children/ playing/ and/ was/ room/ had been/ a mess/ the

-



5.. Her/ daughter /eating / all day/ been/ had /anything?

.....?

6. since/ the/ actor/ not/ had/ working/ morning/been

.....

7.Thomas/ hadn't/ repair/ been/ the phone/ been/to/ trying /whole day?

.....?

8. been/ they/ playing/ football/a month/ for/had ?

.....?



Exercise I

Answers

Complete the sentences using the past perfect continuous form of the verbs.

I had been reading this novel since Saturday.

She had been trying to learn French for two months.

They had been waiting at the coffee shop for their friends.

Nirmal had been staying at home for two months.

Children had been playing chess since evening.

Answers

- It had not been raining since midnight.
- He hadn't been suffering from fever for many days.
- Had he been jogging for one hour?
- Hadn't you been drinking coffee for five years?
- Rita had been teaching English grammar since 2005.
- Hadn't the girl been sleeping?
- Had the writer been writing a novel for three months?

- **ANSWERS**

- Exercise 2

1. Mrs. Clark had been looking out of the window.
2. Julie had been playing with her teddy bear.
3. Peter had been learning how to use his new phone.
4. Mr. Gregson had been sleeping
5. Mrs. Gregson had been taking photos
6. Melani had been drawing pictures.
7. Fiona and Eve had been talking to each other.
8. Ben had been listening to Fiona and Eve.

ANSWERS

Exercise 3

Filling the blanks of the following story using the past perfect continuous tense

Donald and Elizabeth had been driving to church before they stopped. They had been driving down a dirty road when they heard a strange noise. Donald stopped the car. He got out of the car. Then, he helped Elizabeth out of the car. Elizabeth sat and waited for Donald.

Donald looked at the car. He knew how to fix cars. He had been working as a mechanic for five years before they moved to the country. Donald got his tools. He knew looked under the hood. It seemed that the engine had been heating up. He crawled under the car.

Donald had been working on the car for a while when Jake parked beside him. Jake had been driving home when he saw Donald and Elizabeth on the side of the road. Jake helped Donald fix the car. Donald thanked Jake for his help. Elizabeth waved to Jake as they drove way. Thanks to Jake's help, they arrived at church on time.



ANSWERS

- Exercise 4

1. Had they been listening to music?
2. My sister had not been spending a lot of money.
3. He had been eating with his friends.
4. Children had been playing and the room was a mess.
5. Had her daughter been eating anything all day?
6. The actor had not working since morning.
7. Hadn't Thomas been trying to repair the phone whole day?
8. Had they been playing football for a month?

SUMMARY

THE PAST PERFECT CONTINUOUS TENSE

AFFIRMATIVE FORM (+)

FULL FORM	SHORT FORM
I had been eating	I 'd been eating
You had been eating	You 'd been eating
He } had been eating She } It }	He } 'd been eating She } It }
We } had been eating You } They }	We } 'd been eating You } They }

NEGATIVE FORM (-)

FULL FORM	SHORT FORM
I had not been eating	I hadn't been eating
You had not been eating	You hadn't been eating
He } had not been eating She } It }	He } hadn't been eating She } It }
We } had not been eating You } They }	We } hadn't been eating You } They }

EXAMPLES (Eg.)

- I *had been planning* to see you.
- She *hadn't been sleeping* for days.
- He'd *been running* towards her.
- What *had they been singing*?
- She'd *been talking* to me when you arrived.
- I *hadn't been eating or drinking*.
- Had she *been doing* her homework?

INTERROGATIVE FORM

Had **I** been eating ...?

Had **you** been eating ...?

Had **he/she/it** been eating?

Had **we** been eating...?

Had **you** been eating...?

Had **they** been eating...?

THANK YOU !

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