



Department of Education - Sabaragamuwa Province

Subject –Health & Physical Education

Week - 02

Grade - 08

Prepared by-

Your School environment can be categorized as physical environment, psychological environment and social environment.

1. Out of above what is meant by psychological and social environment?
2. Write down few programmes implemented in your school to promote psychological environment and social environment. Write some other programmes that can be implemented to promote social and psychological environment.
3. Recall the five health promotion themes you have learnt. Creating a healthy environment is one of them. Write a list of things that you can do to make your school environment more attractive. Discuss with others and implement these programmes in your school.