

• Read the following statements and mark (☑) if correct and mark (☒) if correct.

1. Any game has a set of rules of its own. ()
2. Rules and regulations are prescribed to conduct in sport well. ()
3. A player should accept the decision of umpires humbly. ()
4. It is easy to conduct a game without rules, regulations and ethics. ()
5. Rules, regulations and ethics protect the participants. ()
6. Rules and regulations are required in sports to develop good personal values. ()
7. Rules and regulations of a game can be changed by any one. ()
8. Ethics are fixed conditions in sports. ()
9. Morals and values of the players are known as ethics of sports. ()
10. Sports teach us to accept win or defeat that we face in the life. ()

- **Answer all the questions.**

- 1) What do you mean by rules and regulations?
- 2) What is meant by the term ethics in sports?
- 3) Write five regulations your parents ordered you to follow at home.
- 4) Mention few rules and regulations of any games.
- 5) Give three ethics in sports?