
14. LET US GET READY FOR ADOLESCENCE

● Read the following statement and mark if correct and mark if incorrect.

- 1) During the adolescence physical, mental and social changes occur due to the hormones. ()
- 2) Reproductive systems become active during childhood. ()
- 3) Minimum age for marriage in Sri Lanka is 20 years. ()
- 4) The human reproductive system is designed to produce children. ()
- 5) Uterus transportation of the ovum produce in the ovary to the uterus. ()
- 6) Ovary is the place that production of the female reproductive cells. ()
- 7) Testis is a main part of female reproductive system. ()
- 8) Vagina is a part of female reproductive system. ()
- 9) Testosterone is a part female hormone. ()
- 10) Age 10 – 19 years the period of transition from childhood to adulthood is the adolescence. ()

● **Answer all the questions**

1. what is the age limit of adolescence?
2. Draw and name diagram of female reproductive system.
3. Name main parts with functions of female reproductive system.
4. What are the physical changes of female in adolescence?
5. State psychological changes take place during adolescence.
6. What are the social changes of females in adolescence?
7. Name some sensually transmitted diseases.
8. What are the female sex hormones?
9. Write the factors that influence reproductive health.
10. What are the good health habits that should be practiced for the personal hygiene?