15. LET US PREVENT NON COMMUNICABLE DISEASES

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 Se 	ect the	disease	that can	be	caused	bv i	germ.
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- Diabetes i.
- ii. Cough and cold
- Heart attack iii.
- Mental illness iv.

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Leptospirosis

ii . Snake bite

iii . Cancer

iv . Dengue fever

3. The unchangeable factor that cause getting high blood pressure is

i. Obesity

ii. Instant food

iii. Age iv. Inactive life style

4. Select the non communicable disease.

i. Diarrhea

ii. Malaria

iii. Yellow fever iv. Snake bite

5. An disadvantage of suffering from a non communicable disease is

i. It will be transmitted to family members.

- ii. The patient cannot eat delicious food.
- iii. Requires to take a lot of medicine.
- iv. The patient and the family face economic and social problems.

15TH LESSON - LET US PREVENT NON COMMUNICABLE DISEASES.

BALANGODA EDUCATIONAL ZONE - HEALTH & PHYSICAL EDUCATION - GRADE 7

• select the correct word and fill in the blanks.

1)	Obesity is an factor that cause non communicable diseases.
2)	By the managing mental stress, we can avoiddiseases.
3)	is causative factors of non – communicable disease.
4)	Non communicable diseases are which not transmitted by
5)	Communicable diseases are from one person to another.
	(Gender, transmitted, vectors, unchangeable, communicable)