

● **Answer the all questions.**

1. Define the phrase non communicable diseases.
2. Give five examples for communicable diseases.
3. Explain how a communicable diseases get transmitted from one person to another.
4. Give five examples for non communicable diseases.
5. Non communicable diseases can be categorized in to two groups.  
What are those groups?
6. Give examples for each of above groups.
7. Write the changeable factors that cause non communicable diseases.
8. Give unchangeable factors non communicable diseases.
9. State the importance of preventing non communicable diseases.
10. Write the step that you can take to prevent non communicable diseases.