



Provincial Department Of Education – Sabaragamuwa  
WEEKLY SCHOOL

Subject : Science

Grade 7

Week : 17<sup>th</sup> of 3<sup>rd</sup> Term

**Revision(2)**

01). Fill in the blanks with suitable words.

- (i) Soya bean is rich in .....
- (ii) ..... is the nutrient which supports the growth of the body.
- (iii) ..... and ..... are involved in protecting body from diseases.
- (iv) ..... in food, prevent the constipation.

02). Match with the suitable answer.

<b>Nutrient</b>	<b>Most abundant foods</b>
Vitamin A	Yellow coloured fruits
Vitamin D	Red-rice
Vitamin B	Small fish
Vitamin C	Sea food
Iodine	Lime

03). Discuss the advantages of having a balanced diet

04). Select the correct answer.

I. Which factors cause rock weathering from the following?

- (1) Physical factors
- (2) Biological factors
- (3) Chemical factors
- (4) All of the above

II. Limestone is,

- (1) A mineral
- (2) An igneous rock
- (3) A sedimentary rock
- (4) A metamorphic rock

05). State whether the following statements are True (✓) or False (x).

- a) Granite is a mineral ( )
- b) Fossils can be seen in sedimentary rocks. ( )
- c) Rocks are found near the earth's crust. ( )
- d) Granite is used to build stairs because granite not easily wear away. ( )
- e) Extreme pressure and temperature cause the formation of metamorphic rocks. ( )

06). Select the correct answer.

- i) "The price of L.P. Gas has been increased." This is a news. As a remedy for this problem what is the best renewable energy source that can be used by Sri Lankans ?
  - a) Biomass
  - b) Solar power
  - c) Wind power
  - d) Tidal energy
- ii) A non-renewable energy source is
  - a) Solar power
  - b) Coal
  - c) Energy in flowing water
  - d) Wind power