



Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 15 week

Grade - 6

Mawanella Education Zone
Mrs. Thilini Deshapriya

04. Let us enjoy our leisure through recreational games.

Let us play Netball

➤ Fill in the blanks.

01. The game of Netball originated in the
02. The game of Netball was introduced to Sri Lanka by Mrs.
03. The Netball court is meter andmeter wide.
04. The height of the goal post is meter.
05. In Netball there are players per team.



06. In Netball game, movement is very important to move the ball around. Write three appropriate activities for that.

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➤ There are many activities that can be done to footwork in the Netball game.

Activities that can be done alone.

01.
02.

Activities that can be done pairs.

01.
02.

Activities that can be done as a group.

01.
02.