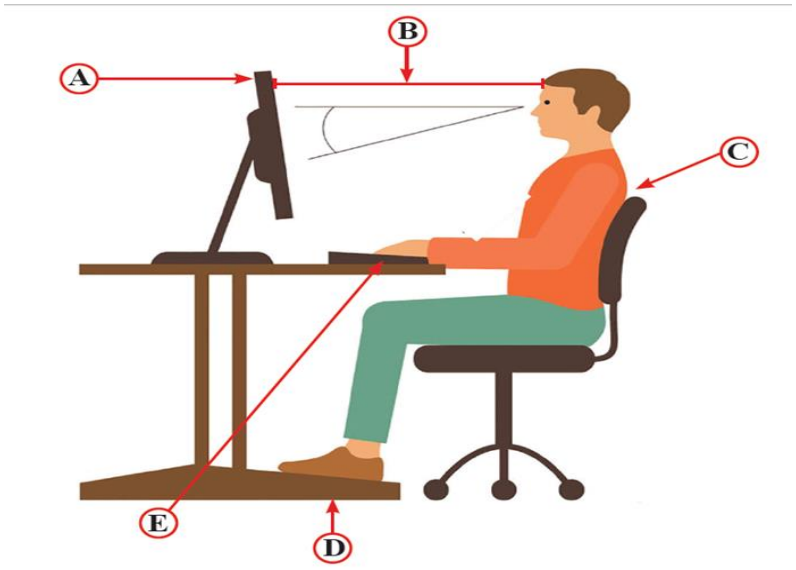
2.2.3 Let's follow the correct posture when using computers.

Read pages 20-21 of the textbook carefully and answer all the following questions.



1. What are the correct postures represented by A, B, C, D, E in the figure above?

A …….

B……

C……

D……

E……

2.Write down the health problems that can result from not maintaining each correct posture.

A…….

B……

C……

D……

E……