



Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 33 week

Grade - 6

Mawanella Education Zone
Mrs. Thilini Deshapriya

Revision

- ❖ Choose the appropriate answer for the following questions.
- ❖ Match A with B.

A

B

- | | |
|---|----------------------------|
| 01. Maintaining personal hygiene is called | Minor games |
| 02. The time a child should sleep during the day | Iron deficiency |
| 03. Minimum amount of time in sports and exercise per day | Long 18m and width 9m |
| 04. These games are done for fun and happy with friends | Organized games |
| 05. Organized games are games that develop skills | Hygiene |
| 06. Sports with standard rules | Long 30.5m and width 15.25 |
| 07. Long and width of a netball court | Iodine deficiency |
| 08. Long and width of a volleyball court | 30 or 60 minutes |
| 09. Affect goiters from | 8 or 10 hours |
| 10. Affect anemia from | Minor games |