



Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 46 week

Grade - 6

Mawanella Education Zone
Mrs. Thilini Deshapriya

10. Let us be aware and face challenges.

❖ Answer the questions based on the lessons.

01. What are the adverse conditions caused by the diseases?
02. What are the prevention and control methods?
03. What is personal hygiene?
04. What are the habits to follow to maintain personal hygiene?
05. What steps can you taken to keep the environment clean?
06. What are the diseases that can be prevented by vaccination?
07. What are the possible adverse effects of the disease?

