15. Biosphere – V

❖ **Problems that arise due to changes in life style**

Several factors such as food, profession, leisure and health are affected to the lifestyle of a person.

1. The life style of ancients has changed a lot by now. One of the factors that have caused this is **urbanization**. Mention four other factors.
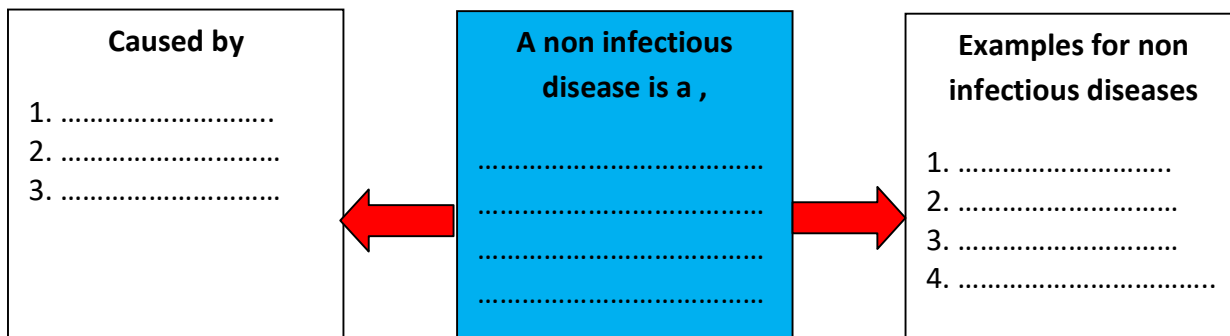
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2. Many problems have arisen due to the change of life style. Mention one of the main problems that man has faced due to that.

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3.

Caused by	A non infectious disease is a ,	Examples for non infectious diseases
1. …………………………. 2. …………………………. 3. ………………………….	………………………………… ………………………………… ………………………………… …………………………………	1. ………………………. 2. ………………………… 3. ………………………… 4. ……………………………

4. Mark whether the reason for the following non infectious disease is either **change of the life style** or **environmental pollution** or **both**. Put a "√"in the relevant column/columns.

The non infectious disease	Change of life style	Environmental pollution
1. Diabetes		
2. Chronic Kidney Disease		
3. Cancer		
4. Heart Diseases		
5. Pulmonary diseases		
6. Wheezing		
7. Gastritis		
8. Cataract		

5. Patients having kidney diseases are common in agricultural areas. Mention causes/ reasons for Chronic Kidney disease (CKD) and measures/precautions that can be taken to avoid it.

Causes for chronic kidney disease	Precautionary measures

6. What causes heart disease and diabetes become more common in people today than in ancients?

Heart Diseases	Diabetes

7. What is the direct effect of environmental pollution that causes Cataract?

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Accumulation of waste materials in the urban areas is one of the problems caused by urbanization

8. Mention five non deteriorative materials that are added to the environment.

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9. 4R concept/technique is used for waste management. Mention that concept and examples for its applications.

4R concept	Example

10. Mention two recyclable things that can be found in urban garbage heaps/dumps.

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