



Provincial Department of Education – Sabaragamuwa – Week School

Week : 4th Week , March

Subject : English

Grade : 10

Prepared by : Mrs.Gayani Gunasinghe
Kg/ Dehi/ Mahabage K.V.
Miss. P. V. I. A. Padmasiri
Kg/ Dehi/ Hakbellawaka K.V.

Competency Level – 6.1 Construct simple sentences

Pre-learning activity

Find and circle the verbs of the following sentences.

1. They play cricket in the playground.
2. The principal will address the meeting.
3. The cat caught a rat.
4. Dasun has written the answers.
5. The girls had finished their work.

Learning Point 1

Present Perfect Continuous

Present perfect continuous Tense indicates that something started in the past and is continuing at the present time.

Positive - **Subject + has/have + been + verb+ing**

They have been learning English for two years.

Negative - **Subject + has/have + not + been + verb+ing**

They have not been learning English since 2019.

Questions - **Has/have + subject + been + verb+ing**

Have they been learning English for

Learning Point 2

Usage

- Express long actions that started in the past and continue until now.
- Express recent actions that have clear evidence or results now.
- Typically used for shorter, more temporary situation.

Examples

I have been living in Ireland since 2015.

Her eyes are red because she has been crying all evening.

Have they been learning English this week?

Learning Point 3

I have been starting.	I have not (haven't) been starting.	Have I been starting?
You have been starting.	You have not (haven't) been starting.	Have you been starting?
He has been starting.	He has not (hasn't) been starting.	Has he been starting?
She has been starting.	She has not (hasn't) been starting.	Has she been starting?
It has been starting.	It has not (hasn't) been starting.	Has it been starting?
We have been starting.	We have not (haven't) been starting.	Have we been starting?
You have been starting.	You have not (haven't) been starting.	Have you been starting?
They have been starting.	They have not (haven't) been starting.	Have they been starting?
POSITIVE (+)	NEGATIVE (-)	QUESTION (?)

Activity: 1

Fill in the blanks using suitable words.

1. My cat _____ (sleep) _____ all day.
2. A: _____ Chamari _____ (do) _____ exercise? B: Yes, she _____. She needs a rest.
3. It _____ (rain) _____ since yesterday.
4. I failed in the test because I _____ not _____ (study) _____ hard.
5. We _____ (drive) _____ for two hours.
6. Kumara and Kumari _____ (play) _____ tennis since morning.
7. A: I'm sorry I'm late. _____ you _____ (wait) a long time? B: No, I _____.
8. Where _____ you _____ (spend) _____ your winter holiday?
9. A: You look tired. _____ you _____ (work) _____ hard? B: Yes, I _____.
10. I _____ (think) _____ about quality of my work.

Activity: 2

Fill in the blanks.

1. My father Newspaper since 9 in the morning. (read)
2. She to Australia. (travel)
3. The child this poem. (learn)
4. I since last night. (sleep)
5. Has it been for one hour? (hail)
6. The crowd has not beenslogans. (raise)
7. The frogs in the mud. (croak)
8. This barber my hair for 5 years. (cut)

Activity: 3

Underline the correct verb.

1. She the movie .

(haven't been watching / hasn't been watching / hasn't been watch)

2. The teacher Maths to his pupils for one hour.
(have been teaching / has been teaching / has been taught)
3. The mechanic the TV for one hour.
(have been fixing / has been fixing / haven't been fixing)
4. It since morning.
(has been drizzling / have been drizzling / has been drizzleing)
5. Have you been for me since evening?
(wait / waited / waiting)
6. Shama in this office for two years.
(have been work / have been working / has been working)

Activity: 4

Make the present perfect continuous affirmative.

Eg :-

(I/live here for six years and a half)

I have been living here for six years and a half.

1. (she/work here for five years)
.....
2. (I/study all day)
.....
3. (you/eat a lot recently)
.....
4. (we/live in Colombo since my childhood.)
.....
5. (he/play football so he's tired)

.....
6. (they/learn Japanese for two years)

.....
7. (I/cook so I'm really hot)

.....
8. (she/go to the cinema every weekend for years)

.....
9. (it/rains. The pavement is wet)

.....
10.(you/sleep for twelve hours)
.....

Post learning activity

Fill in the blanks with the present perfect continuous form of the verbs given in brackets.

1. I since morning. (study)
2. Sam since yesterday. He is sick. (not eat)
3. They for a long time. Call them in now. (play)
4. My friends me to attend the party since yesterday. I have to go. (ask)
5. My father for the past two days. He has to rest now. (work)
6. She is tired. She since morning. (cook)
7. you? Your eyes are red. (cry)
8. Johnhis medicines regularly. He is out of the critical stage of his illness. (take)
9. These children since morning. Please give them a break. (study)
10. Lilytalking to her friend for the past two hours? Amazing! (talk)

❖ Do the Activity 6, Pupil's Book- grade 10 Unit 7

Using following links, you can learn more about **Present Perfect Continuous** tense.



- <https://youtu.be/t8z4fVRD1dI>
- <https://www.kidsworldfun.com/learn-english/present-perfect-continuous-tense.php>

Assessment

Fill in the blanks.

1. They listening to the radio. (listen)
2. The baby for two hours. (sleep)
3. It since morning. (rain)
4. they here for a long time? (wait)
5. she since morning? (cry)
6. Dasun with his friends. (study)
7. The workers since morning. (work)
8. they for one hour? (read)
9. Why you up so early recently? (get)

(10 marks)

Use the following link to do the given activity.

<https://www.ego4u.com/en/cram-up/grammar/present-perfect-progressive/exercises>.

(10 marks)