



Provincial Department of Education – Sabaragamuwa – Week School

Week: 24th - 30th July, 2021

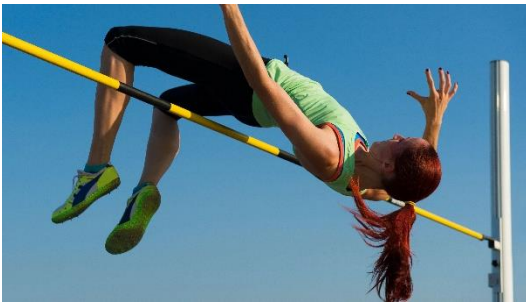
Subject: Health and Physical Education

Grade -10

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Let us learn about athletics.

Jumping events



Answer all the questions.

01. There are two categories of jumping events. Name them.

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02. Name four jumping events.

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03. Name the stages of completing a jump.

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04. Draw the long jump pit.