



**Provincial Department of Education – Sabaragamuwa – Week School**

**Week: 34**

**Subject: Health and physical education**

**Grade -10**

**Translated by: S.A.D.L.Navodani**

**Let us adheres rules and regulations**

Answer all the questions.

01.What are the difficulties in sports due to the use of banned stimulants.

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02.Write three objectives of school sport meet.

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03.Write three sports related sports programmers held in school.

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04.To make an inter house sports meet in successfully, name three committees that will be active in the school.

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05.Name three positions that students in the school may have to organize in the organization of an inter house sports meet.

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