



## Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 14 week

Grade - 6

Mawanella Education Zone  
Mrs. Thilini Deshapriya

### 04. Let us enjoy our leisure through recreational games.

#### Let's play Volleyball

#### ❖ Match A with B

A

B

01. The game originated in Holly York City in the United States of America

9m

02. Volleyball was introduced to Sri Lanka

Six

03. Length of Volleyball court

Volleyball

04. Number of players on a Volleyball team

18m

05. Width of Volleyball court

Mr.Robert Walter Camac



06. Write down some of the benefits of playing Volleyball.

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07. Write down activities that can be done alone to practice the game of Volleyball.

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08. Write down two activities that can do with two people to practice the game of Volleyball.

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