



## Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 15 week

Grade - 6

Mawanella Education Zone  
Mrs. Thilini Deshapriya

### 04. Let us enjoy our leisure through recreational games.

#### Let us play Netball

#### ➤ Fill in the blanks.

01. The game of Netball originated in the .....
02. The game of Netball was introduced to Sri Lanka by Mrs. ....
03. The Netball court is ..... meter and .....meter wide.
04. The height of the goal post is ..... meter.
05. In Netball there are ..... players per team.



06. In Netball game, movement is very important to move the ball around. Write three appropriate activities for that.

.....  
.....  
.....

#### ➤ There are many activities that can be done to footwork in the Netball game.

##### Activities that can be done alone.

01. ....
02. ....

##### Activities that can be done pairs.

01. ....
02. ....

##### Activities that can be done as a group.

01. ....
02. ....