



Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 33 week

Grade - 6

Mawanella Education Zone
Mrs. Thilini Deshapriya

Revision

- ❖ Choose the appropriate answer for the following questions.
- ❖ Match A with B.

A

01. Maintaining personal hygiene is called
02. The time a child should sleep during the day
03. Minimum amount of time in sports and exercise per day
04. These games are done for fun and happy with friends
05. Organized games are games that develop skills
06. Sports with standard rules
07. Long and width of a netball court
08. Long and width of a volleyball court
09. Affect goiters from
10. Affect anemia from

B

- Minor games
- Iron deficiency
- Long 18m and width 9m
- Organized games
- Hygiene
- Long 30.5m and width 15.25
- Iodine deficiency
- 30 or 60 minutes
- 8 or 10 hours
- Minor games