



Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 39 week

Grade - 6

Mawanella Education Zone
Mrs. Thilini Deshapriya

08. Let us maintain a healthy body.

❖ Match A with B

A

1. Due to the frequent use of mobile phones
2. In places with the adequate lighting
3. When the temperature increase during sports
4. Nails and hair
5. When the blood glucose level drops

B

- Sweat evaporates the temperature drops
- Provide protection to the body
- We are hungry
- Must read books
- May damage the ear

❖ Answer the following questions.

6. Write down three amazing functions that take place in the human body.
7. Draw a diagram of tongue and mark the places where you feel the taste below.
(sweet taste, bitter taste, sour taste, salty taste)

