



Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 48 week

Grade - 6

Mawanella Education Zone
Mrs. Thilini Deshapriya

10. Let us be aware and face challenges.

❖ Answer the questions based on the lessons.

01. Write down three things you need to do to avoid road accidents.
02. Write three informative messages to minimize accidents at school.
03. Write down four life skills we need to develop in order to overcome challenges.
04. Write down four things we need to do to minimize accidents at home.

❖ Fill in the blanks.

(creative thinking, expectations, abuse, management stress, diseases)

01. The different hopes we have can be called
02. helps overcome expectations.
03. must be minimized in order to face challenges successfully.
04. Harassment by one person to another is called
05. often interfere with education.