



Sabaragamuwa Provincial Department of Education - Weekly School

Subject - Health & Physical Education

2021 - 50 week

Grade - 6

Mawanella Education Zone
Mrs. Thilini Deshapriya

❖ Answer the following questions.

01. Write down some of the athletic events you know.
02. Write down four challenges you face on day to day life.
03. Write down two causative agents of diseases.
04. Mention two mosquito-borne diseases.
05. Write down three of the physical fitness you know.
06. Write down three things you can do to minimize potential accidents at home.
07. Mention three differences between living and non-living things.
08. Write down four good habits to follow for a healthy life.
09. There are several flavors that the tongue can feel. What is that?
10. Write down four benefits of balancing emotions.