



Provincial Department Of Education – Sabaragamuwa
WEEKLY SCHOOL

Subject : Science

Week : 3rd of 3rd Term

Grade 7

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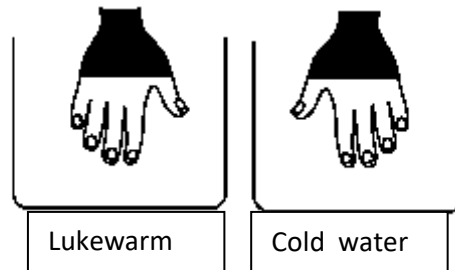
14. Heat and Temperature

Temperature of a substance decreases (cools) because of losing heat from that substance while it increases due to gaining heat.

The measurement of warmness or coldness of a substance is known as its **temperature**.

Activity 1

- Get equal amounts of lukewarm water and cold water into two beakers of same size
- Dip your fingers into the water of the beakers. Record what you feel.



Observations

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1. How the water is heated?

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2. Why the water is cooled?

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