



Provincial Department of Education - Sabaragamuwa – Week School

Week: 3rd week

Subject: Health and Physical Education

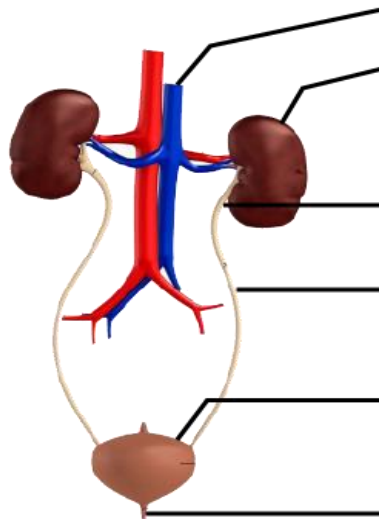
Grade : 10

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Let us maintain a healthy body

1. Name two excretory substances that leave the body.
2. Mention the system below and name the parts.



3. Name the excretory organs in the body.
4. Name three main functions performed by the kidneys.
5. What are the kidney related diseases?
6. Describe how the bladder urinates.
7. Name the organs that belong to the human urinary system.
8. Write down three behaviors that are conducive to the proper functioning of the urinary system.
9. Write down three major diseases that can occur in the excretory system.
10. Write down five things to do to prevent diseases related to the excretory system.