



Sabaragamuwa provincial Department of Education – Sati pasala

Health and Physical Education

4 week

Grade - 6

Mawanella Zone
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Let us maintain a healthy body.

❖ **Fill in the blanks a using suitable answer**

1. First set of teeth that appear are known as Teeth of small child and teeth begin to appear when child is around months of age are completed by aboutyears of age.
2. By the age of milk teeth fall out and teeth appear and the number of teeth is
3. There are types of teeth in the mouth.
4. Vitamin Production is a function of the skin
5. rich foods should be taken to maintain the health of the teeth
6. Brushing teeth should be done a day.

❖ **Answer all the question**

7. Write down two things we need to fellow to protect our ear.
8. Write down two thing we need to fellow to protect our eye.
9. Write down two causes of teeth decay.
10. Write down four things we need to fellow to maintain the health of the body.