



Department of Education, Sabaragamuwa Province – Sathi Pasala

Subject:- English

Week -4

Grade - 5

Prepared by- R/DHARMALOKA M.V.

Unit :- 06 – Healthy Living

Activity 01

Read the good Health Habits and match them with the pictures in your pupil's book page 71.

Activity 02 (a) Read the page 72 and arrange the following sentences in order.

- a. Put the flesh into a bowl. []
- b. Blend it well. []
- c. First break the wood apples. []
- d. Then add coconut milk, water and sugar to it. []
- e. Next add a pinch of salt. []
- f. Finally drink it fresh. []

(b) Try work book activity on page 60.

Activity 03 Match the job with the activity they do.

JOB

ACTIVITY

a doctor

sells medicine

a sweeper

treats patients

a nurse

cares for your teeth

a pharmacist

looks after patients

a dentist

keep the environment clean

Activity 04 (a) Draw pictures for the following words. Read them aloud. Try to by-heart them.

(1) headache (2) stomachache (3) toothache (4) cut the finger (5) sprained the ankle

(b) Try workbook activity 4 on page 62,63

Activity 05

(a) Draw your today's lunch plate. It must be a balanced diet.....

(b) Read the pupil's book page 78 and 79. Then complete the following table. Paste the pictures.

VITAMINES	USE	FOOD ITEMS
A		
B		
C		
D		
E		